

Cynthia Barnes

***Unapologetic Ownership Expert |
Transforming High-Achievers Into
Magnetic Authorities***

Cynthia Barnes is the unapologetic ownership expert and creator of the trademarked framework "Thank You; It's True™." She transforms ambitious, high-achieving professional women from permission-seekers into magnetic authorities who command rooms instead of requesting entry.

Through her sophisticated blend of behavioral science, lived experience, and strategic acumen, Cynthia helps women stop diminishing their brilliance and confidently own their worth. Her clients transition from explaining themselves to commanding respect, from performing their value to naturally embodying it.

A sought-after keynote speaker for Fortune-level organizations, Cynthia delivers measurable transformation with timeless elegance. Her message is clear: brilliant women belong at the highest tables—and it's time to act accordingly.



SPEAKING TOPICS

- **Thank You; It's True™: The Art of Unapologetic Ownership**
- **From Permission-Seeker to Authority Holder: Commanding Executive Presence**
- **The Magnetic Authority Advantage: Positioning Yourself for Unstoppable Success**

“

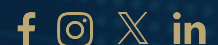
Your captivating presence and words have made an enduring impact on our members and allies, evident in the positive feedback we have received.

”

Clients

AT&T | Bridgestone | Michelin | Autodesk | Google | TEDx

POINT OF CONTACT



Felicia Gray

felicia@apogeeglobalrms.com

www.apogeeglobalrms.com